



Courses & Social Activities  
for Adult Learners

# Join us at Seasoned, a SUNY Adirondack Culinary Experience

This three-course gourmet meal in a casual setting consists of appetizer, entrée, dessert and beverages such as soda, tea and coffee. We offer a cash bar serving wine and craft beer.

This class trains students in basic food preparation skills, classic recipe breakdown, meat fabrication, fish sustainability, cooking techniques and plate presentations.

**Wednesday April 15, 2026 at 6:00 P.M.  
14 Hudson Ave., Glens Falls, NY  
\$36 per person, includes gratuity.**



Seasoned is a full-service fine-dining restaurant in downtown Glens Falls. Students learn the ins and outs of the restaurant and hospitality industries by working in all roles — hostess, waitstaff, bartender, etc. In the kitchen and classrooms, they learn the art of creating delectable cuisine.

Hands-on education

Seasoned is SUNY Adirondack's student-run restaurant, located in the SUNY Adirondack Culinary Arts Center at 14 Hudson Ave. in downtown Glens Falls.

SUNY Adirondack's Culinary students are trained by the college's highly skilled faculty, then put what they learn into action at the state-of-the-art learning center and restaurant.

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**RESERVATIONS ARE LIMITED TO 50. RESERVE TODAY. \$36 per person.**

NAME \_\_\_\_\_ email \_\_\_\_\_

NAME \_\_\_\_\_ email \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

Appetizers (choose 1 per person)  Soup Du Jour,  Garden Salad,  Spring Pea Risotto,  Crab Cakes

Entrees (choose 1 per person)  Beef Bourguignon,  Grilled Atlantic Salmon,  Chicken Parm,

Potato Gnocchi,  Grilled Kilcoyne Farms 6oz Burger

**Please make checks payable to the Academy for Lifelong Learning and send this reservation form with non-refundable payment to:**

Academy for Lifelong Learning, Seasoned Dinner, PO Box 4395, Saratoga Springs, NY 12866.

Questions? Contact Lois Pflomm at [lpflomm@yahoo.com](mailto:lpflomm@yahoo.com)

**Academy fundraisers assist annually with general operating expenses allowing the Academy to offer quality curriculum and social activities at affordable prices for more and more retired seniors. [www.allssaratoga.org](http://www.allssaratoga.org)**

**For more information, contact the Academy for Lifelong Learning at 290-6988 or [jeff@allssaratoga.org](mailto:jeff@allssaratoga.org)**